HAWA MAHAL
PAGE NO.
DATE :

Q Back pain Evaluation

Subjective :- core Same

Objective :-

- Date of onset of injury :- XYZ
- Mechanism of injury :- Fall from Stairs
- Mode of onset :- During Bending or long standing
- Duration of condit$^{n}$ :- Chronic
- History of present illness :- Not Specific
- Past medical History :- No.
- ADL activities :- Independent, But painful during activities
- Personal History :- No
- Social & Family History :- No

# ~~Ob~~ on observation

Attitude of limb :- Bending forward

Body Built :- Mesomorphic, Endomorphic

Scanned with ACE Scanner

- Deformity :- Spine curvature is outward
- Posture :- ~~to~~ forward bending
- Swelling :- +nt

# Pain

Type of pain :- Deep pain (grade IV)

Mode of onset of pain :- During long standing or walking

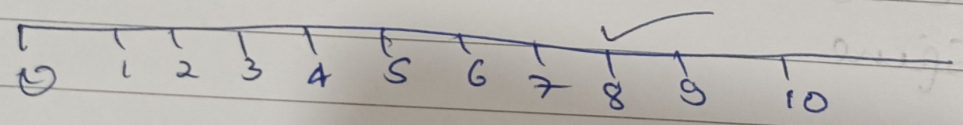
Nature :- Throbbing pain, Chronic pain

Intensity of pain :- Severe pain

Aggravating factor :- Long Standing

Relieving factor :- During rest

Visual analogue (VAS)




Pt. rating :- 8

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On Palpation

Temperature :- warm

Tenderness :- +nt

Oedema :- -nt

Inflammatory Sign :- -nt

muscle wasting :- -nt

Contracture :- -nt

On examination

Range of motion (ROM) Spine

| Joint | Flexion | Extension |
|---|---|---|
| Cervical Spine | | |
| Thoracic Spine | | |
| Lumbar Spin | | |

# limb length

Right Left

: True
: Apparent

# Cobb's angle

Scanned with ACE Scanner

- Pelvic tilt:- Ant. Post.

## Special test

1. Straight leg raise test
2. the Lasegue test
3. The Slump test
4. the femoral nerve tractn test

# MMT
Trunk flexors
Trunk extensors
Trunk side flexors
Trunk Rotators

# Investigatn
- X-ray
- MRI

# Physiotherapy management